

**APA STYLE CITATION QUICK GUIDE (7<sup>th</sup> Edition)**

**REFERENCING**

Referencing acknowledges the sources that you use to write. Please see the section of this guide regarding intellectual honesty and plagiarism. Citations are used throughout your writing to acknowledge the sources of your information.

**ABOUT THE APA STYLE**

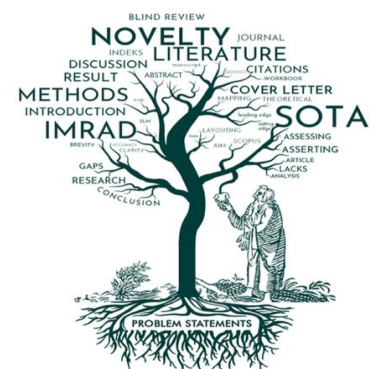
APA Style provides a foundation for effective scholarly communication because it helps writers present their ideas in a clear, precise, and inclusive manner. APA Style was developed by the American Psychological Association. The standard citation style guidebook for the fields of psychology, business, education, health science, public service, and social science is the Publication Manual of the American Psychological Association, 7th edition, 2019. It is commonly referred to as "The APA Manual." If you are unable to find the referencing example, you require in this guide, more examples can be found on the website at <https://apastyle.apa.org/style-grammar-guidelines/references>

**A. Citing References in the Text**

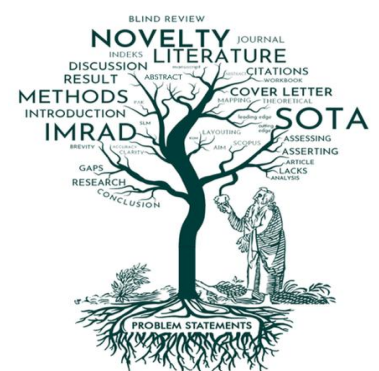
Type of Citation	First citation in text	Subsequent citations in text	First parenthetical citation in text	Subsequent parenthetical citation in text
<b>One author</b>	Walker (2007)	Walker (2007)	(Walker, 2007)	(Walker, 2007)
<b>Two authors</b>	Walker and Allen (2004)	Walker and Allen (2004)	(Walker & Allen, 2004)	(Walker & Allen, 2004)
<b>Three and more authors</b>	Wasserstein et al. (2005)	Wasserstein et al. (2005)	(Wasserstein et al., 2005)	(Wasserstein et al., 2005)
<b>Legal or Government document</b>	European Commission (2012)	European Commission (2012)	(European Commission, 2012)	(European Commission, 2012)
<b>Reference with single page number/chapter, etc.</b>	Hedetoft (2013, p. 2)	Hedetoft (2013, p. 2)	(Hedetoft, 2013, p. 2)	(Hedetoft, 2013, p. 2)
<b>Reference with page range</b>	de Haan (2005, pp. 36-37)	de Haan (2005, pp. 36-37)	(de Haan, 2005, pp. 36-37)	(de Haan, 2005, pp. 36-37)
<b>Reference with several discontinuous pages</b>	Dahl (2006, pp. 105, 109, 112-114)	Dahl (2006, pp. 105, 109, 112-114)	(Dahl, 2006, pp. 105, 109, 112-114)	(Dahl, 2006, pp. 105, 109, 112-114)
<b>Social Media (Facebook, Twitter)</b>	Gaiman (2012)	Gaiman (2012)	(Gaiman, 2012)	(Gaiman, 2012)

**B. The Reference List**

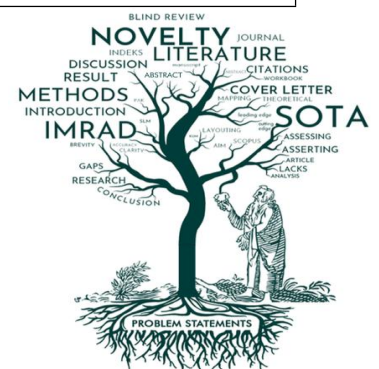
Type of Reference	Examples
<b>Journal Article (1 author)</b>	Paivio, A. (1975). Perceptual comparisons through the mind's eye. <i>Memory &amp; Cognition</i> , 3(1), 635-647. <a href="https://doi.org/10.1177/152700250000100304">https://doi.org/10.1177/152700250000100304</a>



<p><b>Journal Article (2-7 authors)</b></p>	<p>Becker, L. J., &amp; Seligman, C. (1981). Welcome to the energy crisis. <i>Journal of Social Issues</i>, 37(2), 1–7.</p> <p>Grady, J. S., Her, M., Moreno, G., Perez, C., &amp; Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. <i>Psychology of Popular Media Culture</i>, 8, 207–217. <a href="https://doi.org/10.1037/ppm0000185">https://doi.org/10.1037/ppm0000185</a></p> <p>Edwards, A. A., Steacy, L. M., Siegelman, N., Rigobon, V. M., Kearns, D. M., Rueckl, J. G., &amp; Compton, D. L. (2022). Unpacking the unique relationship between set for variability and word reading development: Examining word- and child-level predictors of performance. <i>Journal of Educational Psychology</i>, 114(6), 1242–1256. <a href="https://doi.org/10.1037/edu0000696">https://doi.org/10.1037/edu0000696</a></p>
<p><b>Journal article with missing information</b> (Missing issue number)</p>	<p>Sanchiz, M., Chevalier, A., &amp; Amadiou, F. (2017). How do older and young adults start searching for information? Impact of age, domain knowledge and problem complexity on the different steps of information searching. <i>Computers in Human Behavior</i>, 72, 67–78. <a href="https://doi.org/10.1016/j.chb.2017.02.038">https://doi.org/10.1016/j.chb.2017.02.038</a></p>
<p><b>Journal article with missing information</b> (Missing page or article number)</p>	<p>Butler, J. (2017). Where access meets multimodality: The case of ASL music videos. <i>Kairos: A Journal of Rhetoric, Technology, and Pedagogy</i>, 21(1). <a href="http://technorhetoric.net/21.1/topoi/butler/index.html">http://technorhetoric.net/21.1/topoi/butler/index.html</a></p>
<p><b>Book</b></p>	<p>Strunk, W., Jr., Becker, E., &amp; White, E. B. (1979). <i>The guide to everything and then some more stuff</i> (3rd ed.) Macmillan.</p> <p>von der Lippe, T. L. (Ed.). (2016). <i>Student affairs for academic administrators</i>. Stylus Publishing; ACPA Books.</p> <p>Kearney, D. J., &amp; Simpson, T. L. (2020). <i>Concise guides on trauma care. Mindfulness-based interventions for trauma and its consequences</i>. American Psychological Association. <a href="https://doi.org/10.1037/0000154-000">https://doi.org/10.1037/0000154-000</a></p> <p>Florian, L. (Ed.). (2014). <i>The SAGE handbook of special education</i> (2nd ed., Vol. 1). SAGE Publications.</p>



<p><b>Book Chapter</b></p>	<p>Bergquist, J. M. (1992). German Americans. In J. D. Buenker &amp; L. A. Ratner (Eds.), <i>Multiculturalism in the United States: A comparative guide to acculturation and ethnicity</i> (Vol. 3, pp. 53–76). Greenwood.</p> <p>Belsey, C. (2006). Poststructuralism. In S. Malpas &amp; P. Wake (Eds.), <i>The Routledge companion to critical theory</i> (pp. 51–61). Routledge.</p> <p>Baker, F. M., &amp; Lightfoot, O. B. (1993). Psychiatric care of ethnic elders. In A. C. Gaw (Ed.), <i>Culture, ethnicity, and mental illness</i> (pp. 517-552). American Psychiatric Press.</p> <p>Scott, D. (2005). Colonial governmentality. In J. X. Inda (Ed.), <i>Anthropologies of modernity</i> (pp. 21–49). Retrieved from <a href="http://www3.interscience.wiley.com/cgi-bin/bookhome/117909832">http://www3.interscience.wiley.com/cgi-bin/bookhome/117909832</a></p>
<p><b>Newspaper Article / Newsletter (known author, in paper)</b></p>	<p>Schwartz, J. (1993, September 30). Obesity affects economic, social status. <i>The Washington Post</i>, 1–4.</p> <p>Woodman, D. (2018, May 16). Internships have much to offer but provisions are necessary to ensure the young truly benefit. <i>The Australian</i>, 29.</p>
<p><b>Newspaper Article / Newsletter (known author, online)</b></p>	<p>Carey, B. (2019, March 22). Can we get better at forgetting? <i>The New York Times</i>. <a href="https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html">https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html</a></p>
<p><b>Published Thesis or Dissertation</b></p>	<p>Kelly, C. B. D. (2018). <i>The art of coffee roasting</i> [Doctoral thesis, The University of Waikato]. The University of Waikato Research Commons. <a href="https://hdl.handle.net/10289/11614">https://hdl.handle.net/10289/11614</a>.</p>
<p><b>Conference paper, keynote address, poster presentation, etc. (unpublished)</b></p>	<p>Whipple, S. (2018, March 6-9). <i>Control beliefs as a moderator of stress on anxiety</i> [Paper presentation]. Southeastern Psychological Association 64th Annual Meeting, Charleston, SC, United States.</p>
<p><b>Conference paper in Proceedings (published as a book)</b></p>	<p>Cismas, S. C. (2010). Educating academic writing skills in engineering. In P. Dondon &amp; O. Martin (Eds.), <i>Latest trends on engineering education</i> (pp. 225-247). WSEAS Press.</p>
<p><b>Facebook</b></p>	<p>Gaiman, N. [Neil]. (2012, February 29). Please celebrate Leap Year Day in the traditional manner by taking a writer out for dinner. It's been four years since many authors had a good dinner. We are waiting. Many of us have our forks or chopsticks at the [Facebook status update]. <a href="https://www.facebook.com/neilgaiman/posts/10150574185041016">https://www.facebook.com/neilgaiman/posts/10150574185041016</a></p>
<p><b>Comment on Facebook Post</b></p>	<p>Wangail, T. (2017). Since Kashmir mass uprising, all Wimax connections were suspended almost for more than three months [Facebook comment on the January 23, 2017, post by N Rigzin]. <a href="https://www.facebook.com/groups/904515826309195/permalink/1291073837653390/?comment_id=1293505600743547">https://www.facebook.com/groups/904515826309195/permalink/1291073837653390/?comment_id=1293505600743547</a></p>
<p><b>Twitter</b></p>	<p>Obama, B. [@BarackObama]. (2020, April 7). <i>It's World Health Day, and we owe a profound debt of gratitude to all our medical professionals. They're still giving</i> [Tweet]. Twitter. <a href="https://twitter.com/BarackObama/status/1247555328365023238">https://twitter.com/BarackObama/status/1247555328365023238</a></p>



<b>YouTube Video</b>	Apsolon, M. (2011, September 9). <i>Real ghost girl caught on Video Tape 14</i> [Video]. <a href="http://www.youtube.com/watch?v=6nyGCbxD848">http://www.youtube.com/watch?v=6nyGCbxD848</a>  Bellofolletti. (2009, April 8). <i>Ghost caught on surveillance camera</i> [Video]. <a href="http://www.youtube.com/watch?v=Dq1ms2JhYBI&amp;feature=related">http://www.youtube.com/watch?v=Dq1ms2JhYBI&amp;feature=related</a>
<b>Film or Video</b>	Docter, P., & Del Carmen, R. (Directors). (2015). <i>Inside out</i> [Film]. Walt Disney Pictures; Pixar Animation Studios.
<b>TV Series Episode</b>	Dippold, K. (Writer), & Trim, M. (Director). (2011, April 14). Fancy party (Season 3, Episode 9) [TV series episode]. In G. Daniels, H. Klein, D. Miner, & M. Schur (Executive Producers), <i>Parks and recreation</i> . Deedle-Dee Productions; Fremulon; 3 Arts Entertainment; Universal Media Studios.
<b>Podcast Episode</b>	Santos, L. (Host). (n.d.) Psychopaths and superheroes (No. 1) [Audio podcast episode]. In <i>The happiness lab with Dr. Laurie Santos</i> . Pushkin Industries. <a href="https://www.happinesslab.fm/season-2-episodes/episode-1">https://www.happinesslab.fm/season-2-episodes/episode-1</a>

**Important Notes:**

**Non-Latin scripts cannot be used in the references list, so the title needs to be transliterated:**

✗ Tan, J. G. (2011). 中國社工與志願者合作的模式 [Partnership model between Chinese social workers and volunteers]. *廣東青年幹部學院學報*, 25(26), 12-18.

✓ Tan, J. G. (2011). Zhongguo shegong yu zhiyuanzhe hezuo de moshi [Partnership model between Chinese social workers and volunteers]. *Guangdong qingnian ganbu xueyuan xuebao*, 25(26), 12-18.

**C. Sample Tables**

APA Style tables have the following basic components:

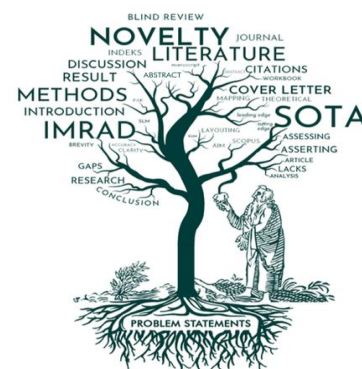
- **number:** The table number (e.g., Table 1) appears above the table title and body in bold font. Number tables in the order in which they are mentioned in your paper.
- **title:** The table title appears one double-spaced line below the table number. Give each table a brief but descriptive title.

Ex.

**Tabel 1**

*Sociodemographic Characteristics of Participants at Baseline*

Gender								
Female	25	50	20	40	23	46	68	45.3
Male	25	50	30	60	27	54	82	54.7
Marital status								
Single	13	26	11	22	17	34	41	27.3
Married/partnered	35	70	38	76	28	56	101	67.3



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### D. Sample Tables

APA Style figures have these basic components:

- **number:** The figure number (e.g., Figure 1) appears above the figure title and image in bold font. Number figures in the order in which they are mentioned in your paper.
- **title:** The figure title appears one double-spaced line below the figure number. Give each figure a brief but descriptive title.
- **image:** The image portion of the figure is the graph, chart, photograph, drawing, or other illustration itself. If text appears in the image of the figure (e.g., axis labels).

Ex.

**Figure 1**

*Framing Scores for Different Reward Sizes*

